



24/7 Home Care



Jena Healthcare Solutions

Respect | Dignity | Privacy

SUPPORTED ACCOMMODATION BROCHURE 2026

Prepared By -

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Director

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FOR ADULTS WITH MENTAL HEALTH AND MILD LEARNING DISABILITIES



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Hello & Welcome

About Jena Healthcare Solutions Ltd

We are proud to have built our care service on the strength of our local reputation, recognising that from your perspective it is the quality of carers that matters and so your carer’s training and development is our key focus.

Discover why we’re the favourite Supported Living Services in Eastbourne

Company Name :
Jena Healthcare Solutions Ltd

Company Address :
1 Swan Mews, Eastbourne
East Sussex, BN22 8FD

Our Vision

At Jena Healthcare, we believe everyone deserves the opportunity to live as independently as possible, while receiving the right level of support. Our Supported Living services are tailored to meet the unique needs of each individual, offering practical help and encouragement in a safe and comfortable setting.



Whether you're looking for support with daily tasks or more complex needs, our compassionate team is here to help. We work closely with individuals, families, and local authorities to create personalised care plans that promote independence, dignity, and choice.



At Jena Healthcare, we believe everyone deserves the opportunity to live as independently as possible, while receiving the right level of support. Based in Eastbourne, East Sussex, we are a dedicated supported living provider with a warm, person-centred approach at the heart of everything we do. We are currently welcoming new tenants aged 18 to 65 and above into our two supported living houses in Eastbourne, offering a safe, comfortable, and community-connected place to call home.

Our Supported Living services are tailored to meet the unique needs of each individual. We support adults with a range of needs, including learning disabilities, mental health conditions, physical disabilities, and autism. Whether you are looking for help with everyday

tasks or require support for more complex needs, our compassionate and experienced team is here to make a genuine difference. We work closely with individuals, families, and local authorities to develop personalised care plans that promote independence, dignity, and real choice in how people live their lives.

We understand that no two people are the same, which is why our support is never one-size-fits-all. From the moment someone joins our service, we take the time to understand their goals, preferences, and aspirations. Our aim is always to empower individuals to lead fulfilling lives on their own terms, within their own homes or in our welcoming shared accommodation.

Our Personal Assistant support covers a wide range of practical and social needs. We help individuals access their local community for all kinds of reasons — whether that's attending college, keeping medical appointments, or simply getting out for a coffee and meeting new friends. We believe social connection is just as important as practical support, which is why we actively encourage activities such as swimming, judo, and visiting family members, helping people build confidence and enjoy life to the full.



Our Mission

Day-to-day life involves more than just going out, and our team is on hand to help with the practical side of independent living too. This includes food shopping, managing correspondence, organising diaries, and setting up direct debits and paying utility bills. We also assist with claiming benefits and can escort individuals to collect their medication from the pharmacy. Our goal is to ensure that every person we support has everything they need to live comfortably and confidently, including the right equipment and resources to maintain their independence at home.

We are proud to work across Sussex, Surrey, Kent, and Hampshire, with a particularly strong presence in Eastbourne and the surrounding areas of the South East. Our local knowledge and established relationships with community services mean we are well placed to connect the people we support with the wider networks, activities, and resources available to them.

If you or a loved one would benefit from supported living, we would love to hear from you. Whether you have questions about our Eastbourne houses, want to find out more about the referral process, or would like to discuss a specific support need, our friendly team is ready to help.

Churchdale Lodge



Support That Fits You

Our trained support staff are available 24 hours a day, seven days a week, providing person-centred assistance tailored to each individual's needs. We support adults with learning disabilities, autism, mental health conditions, and physical disabilities, helping with personal care, daily routines, cooking, budgeting, managing bills, and developing the life skills that build lasting independence.



Your Home, Your Way

At Jena Healthcare, we believe everyone deserves to live as independently as possible, with the right support to feel safe, confident, and valued. Our supported living accommodation in the Seaside area of Eastbourne offers a homely, stable environment for adults aged 18 and above. The property features four double rooms and three single rooms, a fully equipped kitchen, and a comfortable communal lounge — everything needed to feel truly at home.



Connected to Your Community

We actively encourage residents to engage with life beyond the home — whether that's attending college, shopping, swimming, judo, coffee outings, or visiting family and friends. Our team also assists with pharmacy collections, benefits claims, and managing appointments. At Jena Healthcare, We support individuals with mental health conditions and Mild Learning disabilities.

The Village



Always There When Needed

A key feature of our Meads Village service is 24/7 live-in staff support, with our trained team always on site to provide practical help and reassurance whenever it is needed. We support adults with learning disabilities, autism, mental health conditions, and physical disabilities, and every individual receives a personalised support plan tailored to their goals, abilities, and preferences, covering personal care, daily routines, budgeting, household responsibilities, and essential life skills.



Life in Meads Village

At Jena Healthcare, we are committed to supporting individuals to live as independently as possible, with the right care, guidance, and reassurance always close by. Our supported living accommodation in Meads Village, Eastbourne offers a calm, comfortable, and homely environment for adults aged 18 and above, including those aged 65 and over. The property features four double rooms and three single rooms, a fully equipped kitchen, and a welcoming communal lounge where residents can relax, socialise, and feel genuinely at home.



Independent Living, Fuller Lives

We actively support residents to engage with their wider community through college attendance, shopping trips, medical appointments, and social activities such as swimming, judo, and coffee outings with friends and family. We support our residents to meet all aspects of daily living. Personal care, cleaning their rooms, accessing the community for medical appointments, food shopping and leisure and entertainment, paperwork thus, paying their bills, working towards their independence where they can live independently and reintegrate into the community.



Domiciliary Care

Quality Care in Your Own Home

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Jena Healthcare Solutions supports vulnerable adults aged 18 and above who have mental and physical health needs, helping them manage all aspects of daily living in the comfort of their own homes. We are dedicated to working in our clients' best interests, focusing on the least restrictive care options available and always striving to delay the onset of greater needs where possible. With strong values, rigorous training, and clinical supervision at our core, we are proud to deliver excellent care across East Sussex, regardless of the complexity or challenges involved.

Personalised Support, Every Day

We offer a wide range of practical, hands-on support tailored to the individual needs of each person we care for. Our services include assistance with bathing, showering, washing and dressing, laundry, and meeting personal care and toileting needs with dignity and respect. We also help with household chores, meal preparation, and food shopping, ensuring every client has a clean, comfortable, and well-maintained home environment that supports their health and wellbeing.

Here for You, Every Step of the Way

Beyond personal and domestic care, our team supports clients with medication administration and accompanies individuals to medical appointments, ensuring they receive the healthcare they need with confidence. At Jena Healthcare Solutions, we believe everyone deserves to live safely and independently in their own home for as long as possible. Our compassionate, skilled team is committed to making that a reality for every person in our care, every single day.

Mental Health Outreach

Community connection is central to everything we do. Our team supports individuals to access the community, attend medical appointments, and enjoy general social outings that bring joy and routine to daily life. We also help people reconnect with friends and family, strengthening the personal networks that are so vital to mental health and wellbeing. At Jena Healthcare, we are committed to delivering the right care, in the right place, at the right time — always according to the needs and desires of the individual.

● Empowering Independence, Building Confidence

At Jena Healthcare, our Mental Health Outreach service is built around a single, clear aim: to motivate individuals to acquire the knowledge and skills they need to live independently and confidently within their community. We believe that as confidence grows, so does quality of life, and our dedicated team works alongside each person to provide the emotional support, practical guidance, and encouragement needed to make that journey a reality. Through mindfulness activities and compassionate engagement, we help individuals build resilience and a positive sense of self.

● Practical Support for Everyday Life

We offer hands-on assistance with the everyday tasks that make independent living possible. This includes help with food shopping and meal preparation, household chores such as cleaning and laundry, and managing finances through setting up direct debits and paying utility bills. We also support individuals to access education and explore employment opportunities, both paid and voluntary, helping to open new doors, build purpose, and create a stronger foundation for long-term independence and fulfilment.



Live-in-Care

Live-In Care, Close to Home

At Jena Healthcare Solutions, we understand that receiving care in your own home environment is not just practical — it is deeply therapeutic, supporting both physical and emotional wellbeing while preserving the comfort and familiarity of surroundings you know and love.



Support That Stays With

Our live-in care service offers continuity of care and warm companionship from friendly, familiar carers who become a trusted presence in the home. We provide specialist support across a range of situations, including aftercare following hospital discharge, palliative care that sensitively honours an individual's personal wishes, and tailored assistance with dietary requirements to ensure nutritional needs are consistently met. Our team also takes care of all housekeeping and domestic chores, helping to maintain a clean, comfortable, and well-managed home environment every day.

Our live-in care service provides individuals and their families across East Sussex with genuine peace of mind, knowing that consistent, compassionate support is always on hand. Every care arrangement is individually tailored, promoting a truly person-centred approach that places the service user's wishes, routines, and preferences at the centre of everything we do.

Trained, Trusted, and Always There

Our staff are thoroughly trained across all areas of live-in care, with a proven ability to deliver high-quality, compassionate support whatever the level of need. At Jena Healthcare Solutions, we believe that everyone deserves to remain in the place they call home for as long as possible, surrounded by the people and things that matter most to them. Our dedicated team is committed to making that possible, providing the right support at the right time with skill, dignity, and genuine care.





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